



Orders contact:
 New England Ice Cream 800-762-1552 or
www.newenglandicecream.com

Questions contact:
 Bliss Microcreamery (508)222-0711 or
 email : jmartinez@neicc.com

Old- Fashioned Premium Ice Cream

Guidance on allergens

The following list offers guidance on potential allergens that could be present in our products. This is not a definitive list.

GLUTEN is the common name for all proteins in specific grains that are harmful to persons with Celiac Disease. These proteins are found in ALL forms of wheat and related grains like rye, barley and triticale. Products containing **Wheat** are identified in the Allergen Type category below. Bliss **CANNOT** guarantee that our products are Gluten Free as flavors, ingredients and products are manufactured in facilities that may use gluten ingredients for other flavors.

Final decisions should be made by the ultimate consumer based upon reading the ingredient declaration on the container of the product from which the flavor is being served, as the actual label is updated if ingredients should change.

| | FLAVOR | ALLERGEN TYPE | INGREDIENT |
|-------|------------------------|-----------------------|---------------------------------|
| | <i>Ice Cream</i> | | |
| 50933 | Banana | milk | |
| 50957 | Birthday Cake | milk, wheat, egg | wheat flour, eggs |
| 50912 | Black Raspberry | milk | |
| 50964 | Black Raspberry Oreo | milk, soy, wheat | soy lecithin, wheat flour |
| 50961 | Blueberry Parfait | milk, wheat | enriched flour |
| 50947 | Brownie Batter | milk, wheat, soy | Wheat flour, soybean oil |
| 38004 | Boston Blackout | milk, wheat, soy | Wheat flour, soybean oil |
| 50917 | Bubble Gum | milk, soy | soy lecithin |
| 50906 | Butter Crunch | milk, soy | soy lecithin, soybean oil |
| 50907 | Butter Pecan | milk, tree nut | roasted pecans |
| 50849 | Cake Batter | milk, wheat, soy, egg | wheat flour, soy lecithin, eggs |
| 50952 | Campfire S'mores | milk, wheat, soy | wheat flour, soy |
| 50928 | Cappuccino Chip | milk, soy | soy lecithin |
| 50922 | Caramel Cashew Chip | milk, tree nut, soy | cashews, soy lecithin |
| 38010 | Caramel Peanut Cluster | milk, peanut, soy | peanuts, soy lecithin |
| 38009 | Caramel Sea Salt | milk, soy, wheat | soy lecithin, wheat flour |
| 36000 | Cherry Amaretto | milk | |
| 50936 | Cherry Moose Tracks | milk, soy | soy lecithin |
| 50930 | Cherry Vanilla | milk | |
| 50902 | Chocolate | milk | |
| 50904 | Chocolate Chip | milk, soy | soy lecithin |

NOTE: MILK IS A POTENTIAL ALLERGEN AND IS PRESENT IN ALL PRODUCTS EXCEPT OUR SORBETS.

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| | | | |
|--------------|--------------------------------------|------------------------------------|---|
| 50908 | Chocolate Chip Cookie Dough | milk, wheat, soy | wheat flour, soy lecithin |
| 38013 | Chocolate Cookie Monster | milk, wheat, soy | wheat flour, soy lecithin |
| 50828 | Chocolate Mint Chip | milk, soy | soy lecithin |
| 50845 | Chocolate Peanut Butter Cookie Dough | milk, peanut, soy, wheat | peanuts, peanut oil, soy lecithin, soybean oil, wheat flour |
| 50840 | Chocolate Peanut Butter Cup | milk, peanut | peanuts, peanut oil |
| 38016 | Columbian Coffee | milk | |
| 50945 | Coconut | milk, tree nut | coconut |
| 50842 | Coconut Almond Bar | milk, tree nut, soy | almonds, coconut, soy lecithin |
| 50850 | Coconut Cheesecake Brownie | milk, wheat, soy, tree nut | wheat flour, soy lecithin, coconut |
| 50901 | Coffee | milk | |
| 50967 | Coffee Chip Cookie Dough | milk, wheat, soy | wheat flour, soy oil & lecithin |
| 50835 | Coffee Oreo | milk, wheat, soy | wheat flour, soy lecithin |
| 50834 | Cookie Monster | milk, wheat, soy | wheat flour, soy lecithin |
| 50916 | Cotton Candy | milk | |
| 50843 | Cowabunga Crunch | milk, tree nut, soy, wheat, sesame | pecans, almonds, soy lecithin, soybean oil, wheat flour, sesame |
| 38020 | Dino Crunch | milk, soy | soy lecithin |
| 38021 | Dirty Water | milk, wheat, soy | Wheat flour, soy lecithin |
| 50926 | Double Dutch Chocolate | milk | |
| 50847 | Extreme Chocolate | milk, soy | soy lecithin |
| 50910 | French Vanilla | milk, egg | egg yolks |
| 50918 | Frozen Pudding | milk | |
| 38060 | Goo Lagoon | milk, wheat, egg, soy | wheat flour, egg yolks, soy lecithin |
| 50941 | Ginger | milk | |
| 50852 | Graham Central Station | milk, wheat, soy | wheat flour, soy lecithin, soybean oil |
| 50838 | Grapenut | milk, wheat | wheat flour, malted barley flour |
| 50848 | Grasshopper | milk, wheat, soy | wheat flour, soy lecithin |
| 50937 | Kahlua Chip | milk, soy | soy lecithin |
| 38027 | Lemon Meringue Pie | milk, wheat, soy | wheat flour, soy lecithin |
| 50913 | Maple Walnut | milk, tree nut | walnuts |
| 38001 | Milk Chocolate | milk | |
| 50836 | Milky Way | milk, soy | soy lecithin |
| 50911 | Mint Chocolate Chip | milk, soy | soy lecithin |
| 50946 | Mint Moose Tracks | milk, soy | soy lecithin, soybean oil |
| 50905 | Mocha Chip | milk, soy | soy lecithin |
| 50919 | Monster Mash | milk, wheat, soy | wheat flour, malt powder, malt syrup, soy lecithin, M&M's |
| 50909 | Moose Tracks | milk, peanut, soy | peanut butter, peanut oil, soy lecithin |
| 50923 | Mud Pie | milk, wheat, soy | wheat flour, soy lecithin |
| 50925 | Orange Pineapple | milk | |
| 50914 | Oreo | milk, wheat, soy | wheat flour, soy lecithin |
| 38037 | PB 180 | milk, peanut, soy | peanuts, soy lecithin |
| 50932 | Peach | milk | |
| 50851 | Peanut Butter Fudge | milk, peanut, soy | peanuts, soy lecithin, wheat |

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| | | | |
|-------|----------------------------------|--------------------------|------------------------------------|
| 50950 | Peanut Butter Oreo | milk, peanut, soy, wheat | peanuts, soy lecithin |
| 50924 | Peppermint Patty | milk, soy | soy lecithin |
| 50920 | Pink Peppermint | milk, soy | soy lecithin, soybean oil |
| 50915 | Pistachio | milk, tree nut | pistachios |
| 50872 | Pumpkin | milk | |
| 50963 | Pumpkin Oreo | milk, wheat, soy | wheat flour, soy lecithin |
| 50841 | Purple Cow | milk, soy | soy lecithin |
| 38042 | Red Raspberry Revolution | milk, soy | soy lecithin |
| 50929 | Rum Raisin | milk | |
| 50846 | Salted Caramel Chocolate Pretzel | milk, wheat, soy | wheat flour, soy lecithin |
| 50903 | Strawberry | milk | |
| 50921 | Strawberry Cheesecake | milk | |
| 50939 | White Pistachio | milk, tree nut | pistachio nuts |
| 50900 | Vanilla | milk | |
| | | | |
| | | | |
| | | | |
| | | | |
| | Frozen Yogurts | | |
| 50860 | Black Raspberry Chocolate Chip | milk, soy | soy lecithin |
| 50884 | Chocolate Almond | milk, tree nut | almonds |
| 50862 | Chocolate Peanut Butter Cup | milk, peanut, soy | peanuts, soy lecithin |
| 50864 | Coffee Toffee | milk, tree nut, soy | almonds, soy lecithin, soybean oil |
| 50869 | Kahlua Fudge Nonfat | milk, soy | soy lecithin |
| 50885 | Mint Chocolate Chip | milk, soy | soy lecithin |
| | | | |
| | Sherbet | | |
| 50995 | Orange | milk | |
| 50855 | Watermelon | milk | |
| | | | |
| | Sorbet | | |
| 50991 | Lemon | | |
| 50994 | Mango | | |
| 50992 | Raspberry | | |
| | | | |
| | No sugar added ice cream | | |
| 50986 | Caramel Pecan | milk, tree nut | pecan |
| 50982 | Chocolate | milk | |
| 50981 | Coffee | milk | |
| 50987 | Moosetracks | milk, peanut, soy | peanuts, soy lecithin |
| 50983 | Raspberry Swirl | milk | |
| 50980 | Vanilla | milk | |

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